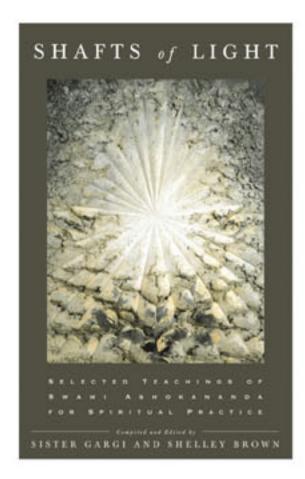
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## SHAFTS OF LIGHT

Selected Teachings of Swami Ashokananda for Spiritual Practice

Edited by SISTER GARGI AND SHELLEY BROWN



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SISTER GARGI (1912–2004) was a respected monastic of the Ramakrishna Order and a legendary literary figure in Vedanta circles worldwide. She was the award-winning author (as Marie Louise Burke) of the six-volume classic Swami Vivekananda in the West: New Discoveries. The New Discoveries books, through the knowledge they have given of Swami Vivekananda's personality, have become indispensable sourcebooks and have changed many lives. Recent works—including A Heart Poured Out, her biography of Swami Ashokananda, and A Disciple's Journal, her spiritual memoir—have won high praise. ("Sister Gargi has inspired thousands with her writings."—Light of Consciousness)





DR. SHELLEY BROWN was a prominent physician (hematologist) in New York City before she retired to research and write her two-volume work Centred in Truth: The Story of Swami Nitya-swarup-ananda, which was nominated for the prestigious Grawemeyer Award in Religion. She now writes, edits, and publishes works on Vedanta full-time. Well-known as a Vedantist, Dr. Brown also lectures, is a regular guest on radio and television, and has been widely interviewed in print. Dr. Brown was Sister Gargi's editor and publisher for three years, culminating in their collaboration on Shafts of Light.